

Title

Using space to inform and build

Description

"Form is emptiness, emptiness is form." – Heart Sutra

"If things are empty, it means they are wide open." – Norman Fischer

In this workshop we'll explore how composition, space, activity and rest contribute to a piece's larger narrative. How do these things inform where we begin and where we land? We'll look to Asian art and contemporary pieces for reference, and through an activity we'll ask ourselves how an addition of activity or rest changes what we've already made.

The general format will be:

- Intro, slides and discussion
- Activity, quick game
- Paint for ~30 mins
- Discussion and next steps
- Paint for longer period of time
- Discussion and share
- Conclusion

Materials list

Note: if you have all of these materials that's great, but these are only recommendations. Also, your palette can be restricted to 3 colors and white, and still work perfectly fine. Feel free to email me if in need of any assistance or advice about materials. If during the class you need something, we can figure it out :)

- 2-5 paint brushes you enjoy using. A range of small ($\frac{1}{2}$ ") to larger (1-1.5") will work fine.
- Paper (canvas or not, [for example](#)) or carton board ([for example](#)). Choose a size between 5x7" – 9x12".
- Painting rags
- Hard palette or tear-off palette pad

Paints

I will be working with acrylic but oil or gouache would work well too. These are the most-used colors on my current palette:

- Titanium white
- Phthalo blue

- Turquoise (phthalo)
- Cobalt blue
- Cadmium orange
- Cadmium yellow, medium / light
- Primary magenta